



THE WHOLE EDUCATOR

# TEACHER GROWTH MINDSET

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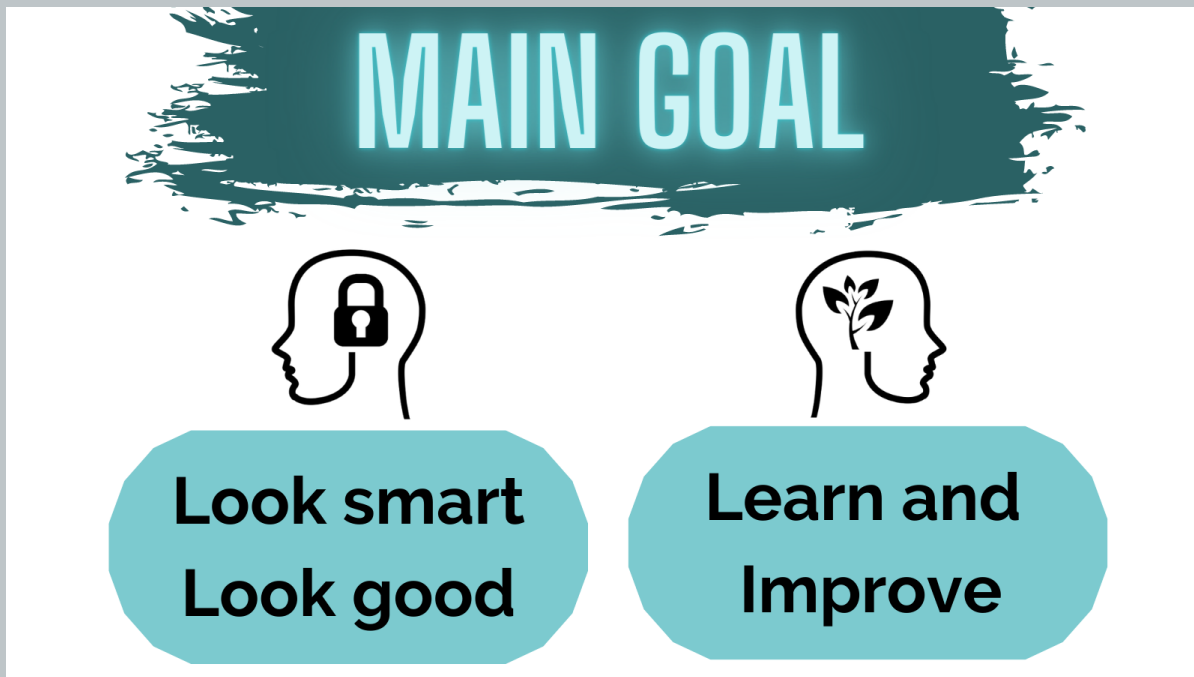
A practical guide to identifying teacher mindsets and helping them get unstuck.

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# TEACHER MINDSETS

## GROWTH VS FIXED MINDSETS

Learn the traits of both the Growth and Fixed Mindset. Keep in mind that mindsets are not black and white. All of these concepts live on a continuum and are not inherently good or bad. Watch the accompanying videos (in your email) for further explanation.



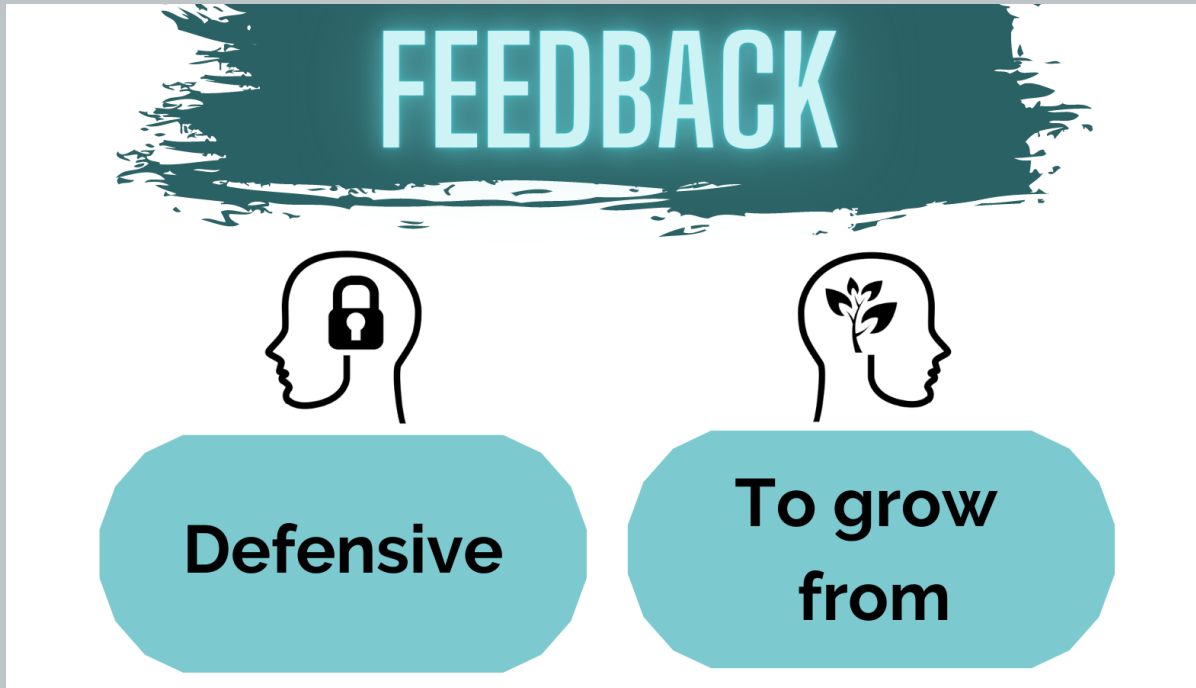
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GROWTH VS FIXED MINDSETS



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GROWTH VS FIXED MINDSETS

## CHALLENGES



**Avoids them**



**Seeks them**

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GROWTH VS FIXED MINDSETS



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# FALSE GROWTH MINDSET

"How can we help educators adopt a deeper, true growth mindset, one that will show in their classroom practices? You may be surprised by my answer: Let's legitimize the fixed mindset. Let's acknowledge that (1) we're all a mixture of fixed and growth mindsets, (2) we will probably always be, and (3) if we want to move closer to a growth mindset in our thoughts and practices, we need to stay in touch with our fixed-mindset thoughts and deeds."

-Carol Dweck

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## VIDEO VAULT

Free, short videos expanding on what is behind our educators' (and our own) mindsets and motivations.

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